

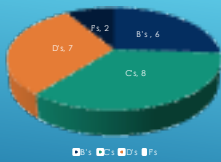
# TRIAD J SEMINAR

Monday, February 8<sup>th</sup>

- ▶ It's important to always know where you stand in your classes.
- ▶ It helps you know what kind of help you may need.
- ▶ It also keeps you in-the-know so that you're not surprised at midterms or at the end of the semester. By that time...your options are very limited on what you can do.
- ▶ And remember, at the end of the semester, many professors (including your Triad J ones) do not accept any late work.

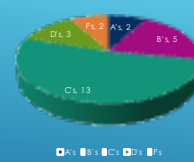
## KNOW YOUR GRADE

Exam I Grades



## 12PM SEMINAR

Exam I Grades



## 1PM SEMINAR



**LearnSmarts (20 possible pts)**

- Democracy & American Politics
- The Founding & The Constitution
- Federalism
- Public Opinion (not everyone has done this)

**Online Quiz 1 (8 possible pts)**

**Exam 1 (100 possible pts)**

**Seminar Participation (10 possible pts)**

- ▶ Add up the points you have earned.
- ▶ Add up the total possible points you could've earned.
- ▶ Total Earned / Total Possible
- ▶ The total possible points will be different for some since you may have not done the Public Opinion LS yet.

**POLS GRADE CALCULATION**

LearnSmart Title	Points Earned
Democracy	2.42
Constitution	0
Federalism	20
Public Opinion	20
<b>Total Earned =</b>	<b>42.42</b>

Online Quiz 1 = 4  
Exam 1 = 64  
Seminar Participation =  $87/100 = 8.7$

Adding Up Points
42.4
6
64
8.7
<b>Total = 121.1</b>

**SAMPLE STUDENT**

- ▶ **Total Possible Points = 198 points**
  - ▶ LearningSmarts (From 1<sup>st</sup> one to Public Opinion)
    - ▶ 80 point
  - ▶ Online Quiz 1 – 8 points
  - ▶ Exam 1 – 100 points
  - ▶ Seminar Participation – 10 points
- ▶ **Sample Student's Grade in POLS**
  - ▶  $121.1 / 198 = 61$  (D)

**POLS GRADE FOR SAMPLE STUDENT**

▶ UCCP = 85 (B) ---- 1 hr class

▶ POLS = 62 (D) ----- 3 hr class

▶ COMP = 80 (B) ---- 3 hr class

▶ History = 75 (C) --- 3 hr class

▶ Speech = 90 (A) – 3 hr class

▶ UCCP =  $3 * 1 = 3$

▶ POLS =  $1 * 3 = 3$

▶ COMP =  $3 * 3 = 9$

▶ HIST =  $2 * 3 = 6$

▶ SPEECH =  $4 * 3 = 12$

▶  $33 / 12 = 2.75 = C$  Overall GPA

CALCULATING GPA



**Fixed Mindset**

- ▶ Believe that intelligence / ability is fixed.
- ▶ Believe that scores measure their potential.
- ▶ Believe that something is inherently wrong with them if they don't succeed.

**Growth Mindset**

- ▶ Believe intelligence / ability is malleable.
- ▶ Learning requires hard work and effort.
- ▶ All individuals can learn and improve.
- ▶ Failures are an opportunity to learn.

THERE ARE TWO MINDSETS

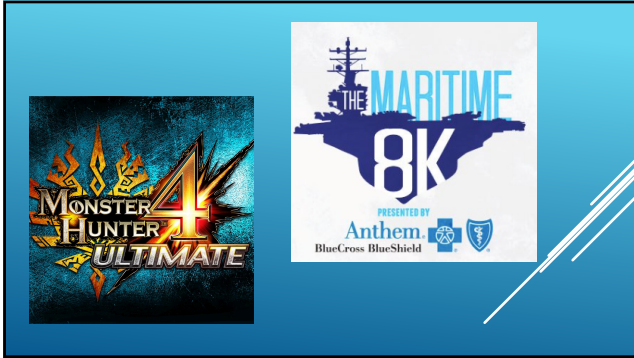
**Mindsets to influence Grit**

- ▶ I can succeed at this.
- ▶ My ability and competence, grow with effort.
- ▶ Challenge is inevitable for success.


**Strategies to become grittier:**

- ▶ Set goals with obstacle planning.
- ▶ Set realistic goals and expectations.
- ▶ Reflect and Learn
- ▶ Understand actionable skills to deal with challenges and setbacks.

GRIT: PERSEVERANCE FOR LONG TERM GOALS



Supplemental Instruction  
Spring 2016



Dr. Huerta  
POLS 2305: U.S. Government and Politics  
Monday 4-4:50 p.m. CI 127  
Tuesday 1-1:50 p.m. CASA 108A  
Wednesday 5-5:50 p.m. CASA 108A  
SI Leader: Byron

Note: The Center for Academic Student Achievement reserves the right to change or alter schedules without prior notice. For more information please call Leticia at 825-5933.